

EVERY DAY WORK
NEVER FELT
SO GOOD.

**BUSINESS
HOURS**

Mon - Fri: 8AM - 5PM

#OHSSEHWECAN

2808 Caroline St. Suite 100

Houston, TX 77004

+713-483-8390

hello@seshcoworking.com

www.seshcoworking.com

WHY COWORK?

Accountability - Share what you're working on with a fellow coworker and check in with each other about it every few hours.

Collaboration - Collaboration and brainstorming give you the opportunity to experience many paths to a solution rather than one.

Inspiration - Inspiration can come in many different forms and working alongside other women is like sitting next to an untapped well of inspo.

Environment - Working in an environment without a full sink of dirty dishes to distract you and alongside others working just like you literally jumpstarts your brain into work mode too.

Efficiency - Get more work done in a couple of uninterrupted hours.

Networking - Inevitably you'll require a service from another business. Whether it is a question about LLC formation or the recognition that you're ready for a social media manager. When coworking, you have a community to turn to. If that specific service isn't being represented in the coworking community itself, chances are high that someone has a recommendation.

Meaningful Pause - Small breaks boost your productivity level. When you cowork, it is much easier to enjoy a meaningful break. A coffee chat, yoga over lunch, or a walk around the park with a friend are examples of breaks that will truly rejuvenate you.



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COWORKING

THERE'S
SPACE
FOR
YOU.

COWORK AT SESH

1 DAY PASS

\$25 - 1 day, 8am - 4pm + Complimentary Coffee & Tea + Super Fast Wifi + Access to Phone Booths

\$35 - Same Day Pass Perks + 8am - 8pm Access

5 DAY PASS PACK

\$115 - 5 days of coworking + Complimentary Coffee & Tea + Super Fast Wifi + Phone Booths

SESH MEMBERSHIP

UNLIMITED MONTHLY MEMBERSHIP

\$249 - with a 6 month commitment

Unlimited Coworking per month + 24/7 Access + Mailing Address, \$9/hr Offices, Receptionist M-F 8am - 5pm, Huge Bistro-Style Kitchen for Lunch, Discount on Event bookings, Visitors allowed, \$20 Day Passes, Complimentary Coffee + Tea, Super Fast Wifi, Discounts + Perks to Other Local Businesses, Discounts to Sesh Events + 13% Off at 13 Celsius

SOCIAL MEMBERSHIP

\$69 per month

3 Coworking passes per month, Discount on Space Rentals, \$20 Day Passes, Complimentary Coffee + Tea, Super-Fast Wifi, Discounts + Perks to Other Local Businesses, Access to Phone Booths + Members Only Events + 13% Off at 13 Celsius



@SESHCOWORKING

DEDICATED DESK

\$389 - with a 6 month commitment

A Private Desk + Chair + Lockable Cabinet + 24/7 Access + Mailing Address + Same Perks & Discounts as Unlimited Membership

CONFERENCE ROOMS

3 Person Conf Rm - 2 to 3 people, \$10/hr

Small - 4 to 6 people, \$29/hr non-members, \$19/hr members

Large - 6 to 10 people, \$39/hr non-members, \$29/hr members

Board Room - Up to 20 people, \$79/hr non-members, \$69/hr for members

WHAT DO YOU GET WITH A MEMBERSHIP?

AMBIANCE

Beautiful, efficient, supportive, thoughtful & centering workspace, whether that's a large table to spread out and get creative or a quiet corner to study or write.

AMENITIES

Wellness programs, lifestyle support, work/life balance workshops & tech/digital workshops.

CAMARADERIE

It's a true community and professional setting, not a loud café of strangers.

CHILD FRIENDLY

We are child-friendly with adult supervision. We have activities, coloring & tons of books.

GIVING BACK

Internship, mentoring, student & scholarship programs, providing local artists gallery space, & supporting local female makers with convenient and reasonable retail outlet.

RESOURCES

Offering local resources to members to develop & enhance their business, career and life experiences.

CORPORATE PRICES

1-2 people - \$249, per person

3-6 people - \$229, per person

7-10 people - \$209, per person

Ask about short term & weekly coworking rates.

TAKE UP SPACE,
YOUR WAY.

PROFESSIONAL WORK SPACES

Tours Available
Mon - Fri: 8AM - 5PM

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WHY MIDTOWN?

The Ion - A 16 acre Innovation campus located just 1 mile down the road that Sesh often collaborates with.

Greentown Labs - Stay up-to-date with everything in Green Energy by collaborating and getting to know our neighbors over at Greentown Labs.

Downtown - Hop on the Light Rail for any games, meetings or conferences you want to attend.

Med Center - Easy & quick commute to any meetings or appointments.

Light Rail - Need to get to Downtown, The Med Center, The Ion - leave your car parked and walk 4 blocks to the Red line McGowen Station!

Local Amenities - Common Bond Bakery, Earthcraft Juicery, Kanau Sushi, Black Swan Yoga, Weights & Measures, Whole Foods, CVS, Starbucks, Orange Theory Fitness, The Gypsy Poet, The Breakfast Klub

Up & Coming - With the continued development of The Ion and its surrounding 16 acres, the Midtown area will continue to attract and further develop into The Innovation District for Houston.



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LOFT OFFICES

THERE'S
SPACE
FOR
YOU.

LOFT OFFICES

- 1-2 PERSON** \$499/mo - \$1199/mo
- 3-5 PERSON** \$1099/mo - \$2099/mo
- 6+ PERSON** \$2990/month

Memberships require first & last month as deposit.
Sales tax not included in above pricing.

Ask about our flexible terms! By the:

- hour
- day
- week
- month
- annually

WORK SPACE

WHAT IS INCLUDED?

Private Space to Call Your Own + 8 hours/Month
Complimentary in Conference Rooms + 24/7
Access + Mail Service + Bistro-Style Break Room
+ Downstairs Receptionist Available M-F 8am -
5pm + \$20 Discount on Event Bookings + In-
Office Visitors allowed + Complimentary Coffee +
Super Fast Wifi + Onsite Notary available +
Printer/Copier + Likeminded Community +
Attend Free or Discounted Sesh Events +
Networking

DOG MEMBERSHIP

Dog membership is for office members only,
includes 2 office cleanings per month & snackos at
reception

- Small Office - \$59/mo
- Medium Office - \$69/mo
- Large Office - \$79/mo
- \$150 refundable deposit as long as your fur-iend
didn't go crazy ;-)



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LOFT VS PARLOR?

Loft Offices are located on the 2nd floor of our
Caroline Street location - accessible via the parking lot
by stairs or elevator. These offices are designed for
larger teams and offer a quieter environment
compared to our more energetic spaces located
downstairs in the Parlor.

What are the differences?

- Offices with Windows
- More Spacious
- Better for teams
- Beautiful Sunlit Atriums
- Direct Fiber Connection

AMENITIES + NEAR-BY

Centrally Located, Light Rail Access, Hassle-Free
Parking, Elevator, Bike Rack, Whole Foods, Orange
Theory Fitness, Black Swan Yoga, 13% Off at 13
Celsius

WHAT ELSE?

RECEPTIONIST

A Receptionist will be available downstairs at our
main entrance on Caroline Street, Monday - Friday
8am to 5pm should you want visitors accommodated
and greeted upon entry.

INTERNET

Each Loft Office is wired with commercial grade fiber
for the option to use our wifi, a plug-in connection or
create your own wifi network within.

SECURE ACCESS

24/7, safe access to the building via Sesh's OpenPath
app on your phone.

THE PARLOR, 1ST FL ACCESS

Access to use our locker rooms, shop the pop-up
retail space, book the fully-virtual conference room
and use The Study, a quieter side to cowork -OR-
The Parlor, our more energetic work space.

SPACE BOOKINGS

With a Loft Office you receive a special discount on
event bookings in our Kitchenette, The Parlor and/or
Parlor Event Space (~150 people).

COMMUNITY

Attend Sesh events for free, whether that's
networking, happy hour, DIY, business development
or personal growth workshops.

On-site printing and public notary available, fees may apply.

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PARLOR OFFICES

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PARLOR OFFICES

1-2 PERSON \$499/mo - \$999/month*

3-5 PERSON \$1499 per month*

- Includes electric, internet, water, coffee & tea
- Use of 3,500 SF of shared spaces
- Discounts + Events
- 8 hours Complimentary in Conference Rooms
- 24/7 Access + Mailing Address

Office memberships require 1st & last month deposit.

OFFICE SHARE Starts at \$399/mo

Share a private office w/others! Great for professionals meeting w/team members or clients frequently. 4 hours Complimentary Conference Room Booking. Access to Open Coworking. Users manage their use via Sesh booking calendar.

AN OFFICE & THEN SOME

WHAT ELSE DOES YOUR OFFICE INCLUDE?

8 hours/Month Complimentary in Conference Rooms, Receptionist M-F 8am - 5pm, Huge Bistro-Style Kitchen for Lunch, Discounts on Event Rentals, Visitors allowed, \$20 Day Passes, Complimentary Coffee + Tea, Super Fast Wifi, Discounts + Perks to Other Local Businesses, Access to Locker Room & Showers & Sesh Events

AMENITIES + NEAR-BY

Hassle-Free parking, Light Rail Access, Public Notary, Print & Copy, Seasonal Snacks, Elevator, Bike Rack, Whole Foods, Orange Theory Fitness, Black Swan Yoga, 13% Off at 13 Celsius

Ask about: Dog Memberships for Office Members!!!!



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DEDICATED DESK

\$389/mo - with a 6 month commitment

A Little Space to Call Your Own that includes a Desk
+ Lockable Desk Cabinet + Perks + Discounts + Events
+ 24/7 Access + Mailing Address

BOOKABLE SPACES

Parlor Event Space + Kitchenette - seats 35+ people for trainings, off-sites, board meetings, etc. Includes Kitchenette for catering, seats 16. Also great for tastings, cooking demos or craft classes. \$149/hr members, \$239/hr non-members.

The Parlor - seats 30+ in a chic, energetic open work space. Great for gatherings, photography & more! \$199/hr members, \$259/hr non-members.

Training/Board Room* - seats 20. Great for all-day trainings or a board meeting. \$69/hr members, \$79/hr non-members.

Team Office* - seats 4-6. Private, comfortable brainstorming space for small teams. \$69/hr, 2hr min or \$199/day 8am - 5pm.

*Sales tax not reflected in pricing.

WHAT ELSE?

RECEPTIONIST

A Receptionist will be available downstairs at our main entrance on Caroline Street, Monday - Friday 8am to 5pm should you want visitors accommodated and greeted upon entry.

INTERNET

Each Parlor Office has access to our super-fast wifi. Should you require a closed, secure network we are open to discuss.

SECURE ACCESS

24/7, safe access to the building via Sesh's OpenPath app on your phone.

THE PARLOR

Access to use our spa-like locker rooms, pop-up retail space, fully virtual conference room, The Study, a quieter space to cowork & The Parlor, our more energetic work space.

SPACE BOOKINGS

With a Parlor Office you receive a member discount in our dedicated event spaces like the Studio Kitchen, The Parlor Event Space, The Parlor & Conference Rooms.

COMMUNITY

Attend Sesh events for free or with a discount - networking, happy hour, DIY, business development or personal growth workshops.

SHOP LOCAL

Visit our pop up retail space. Know a local brand seeking a little retail space - send them our way!!

On-site printing and public notary available, fees may apply.